



Wellness Month



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WHOLE PERSON DEVELOPMENT PROGRAMME

Leather Keychain Workshop
皮革鎖匙扣工作坊
4 Mar 2026 (Wed)
12:30-13:30



DIY STAR Flower
Knitting Workshop
DIY星之花編織工作坊
5 Mar 2026 (Thu)
13:00-14:00

Chill with Big Dogs - Volunteering
大犬萌友：
「梳」解壓力義工日 x 大樹下
7 Mar 2026 (Sat)
13:00-17:00
Off Campus



Touch of Peace:
Punch Needling
柔癒時光：戳戳繡
9 Mar 2026 (Mon)
12:30-14:30



Giant Yarn Hand Knitting
Crochet Bag Workshop
冰島毛線手袋編織工作坊
9 Mar 2026 (Mon)
15:30-17:00



Handmade Bracelet
Workshop
手繩製作工作坊
10 Mar 2026 (Tue)
13:30-15:30



Training Workshop:
Brief Introduction to SEN
SEN共融體驗工作坊
16 Mar 2026 (Mon)
14:00-16:00

Texture Painting Workshop
肌理畫療癒工作坊
18 Mar 2026 (Wed)
13:30-16:30



Shine Carving
Workshop
光雕工作坊
11 Mar 2026 (Wed)
11:30-14:30



DIY MORU Workshop
DIY扭扭棒公仔工作坊
19 Mar 2026 (Thu)
13:00-14:00

